

1. General information

Personal details

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Academic education and degrees
What, When and Where

- PhD in Genetic & Molecular Epidemiology (2012-2017), Erasmus MC, Rotterdam, the Netherlands
- MSc Public Health (2014-2015), Netherlands Institute for Health Sciences (NIHES), the Netherlands
- Doctor of Medicine (MD) (1997-2004), Mashhad University of Medical Sciences, Mashhad, Iran

Doctorate
University Erasmus University Rotterdam, the Netherlands
Date 5 July 2017
Supervisor(s) Prof. dr. Oscar H. Franco
Title of thesis The role of microRNAs in age-related disorders: from population-based studies to experimental validation

Work experience and appointments (dates, full or part-time (fte) and permanent or fixed-term position)

Nov 2022 - present Associate Professor (1fte, permanent), Dept. of Epidemiology, Erasmus MC, the Netherlands
June 2019 - Oct 2022 Assistant Professor (1fte, permanent), Dept. of Epidemiology, Erasmus MC, the Netherlands
July 2017- May 2019 Postdoc researcher and group leader (1fte, fixed-term), Dept. of Epidemiology, Erasmus MC, the Netherlands
Dec 2012 - June 2017 PhD candidate (1fte, fixed-term), Dept. of Epidemiology, Erasmus MC, the Netherlands
Sep 2011 - Nov 2012 Researcher (1fte, fixed-term), Dept. of Hematology, Erasmus MC, the Netherlands
May 2008 - May 2010 CEO of Health and Medical Services company "Shamim Salamat Parsian" (part-time), Mashhad, Iran
Nov 2007 - Aug 2011 General practitioner (part-time), Emergency ward of Qaem Hospital, Mashhad University of Medical Sciences, Iran
June 2005 - Aug 2011 Academic staff and manager (1fte, fixed-term), Mashhad University of Medical Sciences, Mashhad, Iran

2. Three scientific achievements that you are most proud of (max 120 words)

- I developed a method to ascertain the role of microRNAs, tiny non-coding RNA molecules with a big impact in biology, in various diseases via integrating population-based omics data and functional experimental studies. My research using this method has resulted in the identification of >50 novel microRNAs involved in the molecular pathways underlying age-related diseases (e.g., Alzheimer's disease, diabetes, and fatty liver). The results are published in well-respected journals in the field and disseminated at different international conferences as invited speaker. The method has been used in many studies so far and our papers have received numerous citations. A comprehensive atlas of genetic regulation and disease association of microRNAs has been published recently that summarize the results of my research in this field in the past 10 years.
- I established the Molecular & Systems Epidemiology research line for the first time to unravel underlying mechanisms and novel biomarkers for complex diseases through integrating large-scale omics data from epidemiological studies, applying advanced statistical methods, and conducting state-of-the-art cellular model validation studies. As example, my research on Alzheimer's disease has demonstrated the role of non-coding transcriptome in metabolic pathways underlying this complex disease and identified several plasma biomarkers that help early detection and monitoring the disease course.
- I conducted large-scale multi-center epigenome-wide association studies on coffee and tea consumption in the CHARGE international consortium. We found several DNA methylation-sites (CpGs) associated with coffee intake that were causally involved in the pathways underlying cardio-metabolic diseases. Our results gained much attention from public media and professionals in the molecular epidemiology field.

3. Research

Brief summary of research over the last five years (max. 200 words)

In the last five years, I was working at the department of Epidemiology and my research has been focused on (epi)genetic determinants and novel biomarkers of age-related diseases. During PhD, I conducted a multi-faceted research by integrating population-based genetic data and functional laboratory studies to investigate the role of non-coding RNAs in cardiovascular and neurodegenerative diseases. During postdoc, I expanded my knowledge of epigenetics and performed several multi-centre projects about the impact of lifestyle factors on DNA methylation. In mid-2019, I was promoted to Principlae Investigaor and developed an interdisciplinary niche “Molecular & Systems Epidemiology” at the department of Epidemiology to continue my cutting-edge research and apply advanced analytical methods to decipher molecular mechanisms underlying age-related diseases (Alzheimer’s, cardiovascular and metabolic idseases). The multidisciplinary nature of my work has allowed me to make a bridge between department of Epidemiology and several laboratories at Erasmus MC, establish a broad international network in my field, and able me to be involved in various (inter)national omics consortia. Currently, I am leading a research group of 15 people and intend to expand my research on genetic predispositions of complex diseases, precision medicine and public health using multi-omics data integration.

PhD thesis supervised

Co-promotor of 6 PhD thesis (finished):

- 1- Paula Bautista-Niño, Thesis: DNA Damage-related vascular dysfunction: Pathways and interventions. PhD obtained on 12 Dec. 2017
- 2- Michelle Mens, Thesis: Think Big, Epidemiological research on tiny molecules; microRNAs. PhD obtained on Oct. 13, 2021
- 3- Silvana Maas, Thesis: Epigenetic regulation, lifestyle inference, and health. PhD obtained on Feb 9, 2022
- 4- Xiaofang Zhang, Thesis: The metabolic disorders; epigenetic regulation and sex-differences. PhD Obtained on Sep 13, 2022
- 5- Irma Karabegovic, Epigenetic and metabolomics of lifestyle factors, PhD period: January 2021 – Dec 2022
- 6- Yasir Abozaid, Metabolomics and epigenetics of fatty liver disease, PhD period: July 2019 – Dec 2022

Co-promotor of 7 PhD thesis (still ongoing):

- 7- Amber Yaqub, MD MSc (The genetics and epidemiology of cognition and dementia), PhD period: July 2019 – June 2023
- 8- Ziyi Xiong, MSc (Novel methods for improving genome-wide association studies), PhD period: July 2020 – June 2023
- 9- Ibrahim Ayada, MD (The genetics of liver function and diseases), PhD period: Sep. 2020 – August 2023 (??)
- 10- Yu Shuai, MSc (The genetics and epigenetics of cancer), PhD period: May 2021 – April 2024
- 11- Mina Shahisavandi, PharmD MSc (Pharmaco-metabolomics of diseases), PhD period: August 2022 – December 2025
- 12- Sam Leonard, MSc (The genetics of immune response and diseases), PhD period: October 2022 – April 2025
- 13- Midas Kuilman, MSc (Non-coding RNAs, Metabolomics and Alzheimer’s disease), PhD period: Feb 2023 – July 2026

Grant allocation

Period (from-to)	Funding source and project code	Own share of grant (€)	Total grant (€)	Project title	Role of PI*
2023-2027	ZonMW MODEM grant	?	5M	Molecular mechsnnms of Alzheimer’s disease	Co-investigator
2022-2023	Alzheimer Nederland	100K	100K	Role of microRNAs in metabolic pathways underlying Alzheimer’s disease	Principal investigator
2022-2025	Erasmus MC fellowship	400K	400K	Genetic regulation & disease association of microRNAs (ADMIRE project)	Principal investigator
2021-2024	China Scholarship (Zunyi Huibiao Co)	4-year funded PhD	4-year funded PhD	(Epi)genetic regulation of cancer (for PhD salary Yu Shuai)	Principal investigator
2020-2024	SOPHIA grant	~50K	~10M	A multi-centric H2020 grant for Obesity (Running the analysis in Rotterdam Study)	Co-investigator
2020-2022	NIH grant	~60K	~500K	Gene-life style interaction in the CHARGE (Running the analysis in Rotterdam Study)	Co-investigator
2019-2023	China Scholarship Council (CSC)	4-year funded PhD	4-year funded PhD	Novel methods for GWA studies (for PhD salary Ziyi Xiong)	Co-investigator
2017-2021	China Scholarship Council (CSC)	4-year funded PhD	4-year funded PhD	Epigenetic regulation, metabolic disorders (for PhD salary Xiaofang Zhang)	Principal investigator
2018	European fellowship for study of diabetes	8,000	8,000	Epigenetic regulation of Type 2 diabetes (My research visit Imperial College, UK)	Principal investigator
2018	Alzheimer Nederland Fellowship	2,000	2,000	Casual Inference in Alzheimer’s disease (My research visit, Imperial College, UK)	Principal investigator
2017-2019	Janssen Prevention Center Leiden	200k	~1.2M	Novel biomarkers of Dementia (My postdoc salary for 2y and biomarkers)	Co-investigator
2016	European Society of Human Genetics	1,250	1,250	Fellowship (Advanced courses and workshops of Human Genetics in Italy)	Principal investigator

* examples: principal investigator, project leader, project manager, coordinator, work package leader, etc.

Active main (inter)national collaborations (collaborator, topic, institute)

- 2022- Member of Sandpit Multidisciplinaire Consortia Onderzoeksprogramma Dementie (MODEM)
- 2022- Active collaborator of Metabolomics for clinical advances in the Medical Delta consortium (MetaboDelta)
- 2015- Active collaborator in the International Consortium for Heart and Aging Research in Genomic Epidemiology (CHARGE)
- 2018- Active collaborator in the BBMRI-NL consortium and Biobank-based integrative omics study (BIOS) Consortium
- 2020- Member of the steering committee and active collaborator in the Consortium of Metabolomics Studies (COMETS)
- 2020- Active collaborator in the national X-Omics consortium

International research visits > 1 month (institute, dates)

- Department of Biostatistics and Epidemiology, Imperial College London, UK. Topic: Mendelian Randomization, July-Dec. 2018
- ❖ Due to the COVID-19 pandemic, my research visit of the Department of Epidemiology (Prof. Albert Hofman's group), Harvard School of Public Health, and the Framingham Heart Study (Prof. Daniel Levy's group) in Boston, USA were changed to remote collaborations. I am planning to visit these groups in future (2022-2023) after the COVID-19 pandemic.

4. Teaching

Brief summary of teaching over the last five years (max. 200 words)

In the last five years, I have been a lecturer in several courses provided by the Netherlands Institute for Health Sciences (NIHES) for MSc and PhD students. I was a teaching assistant in the course "Principles of Epidemiology" in Erasmus Summer Program 2016. Between 2017-2019, I was teaching in the course "Cardiovascular Epidemiology" as part of the Epidemiology Master program of NIHES. I was also lecturer in the course "Genomics in Molecular Medicine" which extends to issue on omics data in epidemiological studies between 2017-2019. I was a lecturer in the course "Molecular Epidemiology" provided by Imperial College London in 2020 and 2021. From the last year, I am coordinating the course "Principles of Genetic Epidemiology" provided by NIHES. Moreover, I am (Co-)coordinating two new courses provided by NIHES in 2022 that cover the theoretical and practical concepts of population-based omics data. In addition to teaching in courses, I have been a senior scientist in many conferences and seminars within the department of Epidemiology and (inter)national omics consortia. Finally, I have supervised research projects of dozens of MSc and PhD students through regular bi-weekly meetings, in which I have taught them the concepts and common methods of molecular and genetic epidemiology.

Managing/coordinating courses/programmes (course, target group, ECTS, dates)

- Co-coordinating the course "Introduction to the Analysis of Microbiome and Metabolomics Data", Netherlands Institute for Health Sciences (NIHES), Erasmus MC, ~30 MSc and PhD students, 0.7 ECTS, 2-5 May (Afternoons) 2022.
- Co-coordinating the course "Introduction to the Analysis of Transcriptomics and Epigenomics Data", Netherlands Institute for Health Sciences (NIHES), Erasmus MC, ~30 MSc and PhD students, 0.7 ECTS, 2-5 May (Mornings) 2022.
- Coordinating the course "Principles of Genetic Epidemiology", Netherlands Institute for Health Sciences (NIHES), Erasmus Summer Program [ESP43], ~160 MSc and PhD students, 0.7 ECTS, 9 -14 August 2021. Same course is planned for 2022.

Lecturing (course, target group, ECTS, dates). An overview of lectures or an IRIS printout may optionally be included in Annex 3.

- Principles of Molecular Epidemiology, Imperial College London, for ~50 MSc and PhD students, Dec 2020
- Advanced course in Genome-wide Association Studies (GE03), Netherlands Institute for Health Sciences (NIHES), Fall 2017
- Cardiovascular Epidemiology Course (EP20), Netherlands Institute for Health Sciences (NIHES), 2017 - 2019
- Genomics in Molecular Medicine (ESP57), Netherlands Institute for Health Sciences (NIHES), 2017 - 2019
- Teaching assistant, Principles of Epidemiology (ESP1), Netherlands Institute for Health Sciences (NIHES), Summer 2017

Basic teaching qualification (BKO)¹

- I have obtained the University Teaching Qualification (BKO) in September 2022 for educational competencies in the following fields: Vision, Design, Delivery, Assessment, Evaluate and Reflect in Education.

Evaluation scores (received from students, coordinators, and/or program directors) on teaching and implemented improvements²

- 4-4.2 / 5 (Very good/Excellent).

¹ (Compulsory) basic qualification for didactic competencies for all lecturers at Erasmus MC ('basis kwalificatie onderwijs'). For more information contact bko@erasmusmc.nl, <https://intranet.erasmusmc.nl/onderwijsbeleidenadvies/bko/>.

²: Only required if you apply for UHD or professorship with an educational profile

5. Training

Courses (max. 200 words)

Selected training and courses:

- 2022 University Teaching Qualification (BKO certificate), Risbo and EUR, Rotterdam, the Netherlands
- 2021 BROK certificate (Regulation and Organization for clinical research), NFU, the Netherlands (ongoing)
- 2020 NIHES Teaching Platform course, NIHES, Erasmus MC, Rotterdam
- 2019 Mendelian Randomization studies, 1 day course, NIHES, Erasmus MC, Rotterdam
- 2017 Scientific Integrity, 1 day course, Erasmus MC, Rotterdam
- 2017 Ensembl workshop, MolMed, Erasmus MC, Rotterdam
- 2015 Molecular Diagnostic, MolMed, Erasmus MC, Rotterdam
- 2014 Introduction to R Software, NIHES, Erasmus MC, Rotterdam
- 2014 Principals of Research in Medicine, NIHES, Erasmus MC, Rotterdam
- 2014 Introduction to Writing Methods, NIHES, Erasmus MC, Rotterdam
- 2014 Ingenuity Pathway Analysis workshop, Nijmegen, the Netherlands
- 2013 Study Design, 3 weeks course, NIHES, Erasmus MC, Rotterdam
- 2013 Linux for Scientists, NIHES, Erasmus MC, Rotterdam
- 2013 Genetic-Epidemiology Research Methods, NIHES, Erasmus MC, Rotterdam
- 2012 Research Management for PhD-students, MolMed, Erasmus MC, Rotterdam
- 2012 Gene Expression Analyzing by R and Web tools, MolMed, Erasmus MC, Rotterdam
- 2012 Laboratory Animal Science (Article 9), 3 weeks course, MolMed, Erasmus MC, Rotterdam
- 2012 Basic Introduction Course on SPSS, MolMed, Erasmus MC, Rotterdam
- 2011 Biomedical Research Techniques, MolMed, Erasmus MC, Rotterdam
- 2010 Genetic Counselling for Medical Doctors, 2 month course, State Welfare Organization of Iran

6. Patient Care

Brief summary of patient care responsibilities over the last five years (max. 200 words)

N.A

7. Clinical Training

My clinical training as a medical student and then as a medical doctor (MD) has been in Mashhad University of Medical Sciences, Iran. This includes two years internship in various clinical departments as medical student between 2002 and 2004. After that, I worked (part-time) for 4 years as a general practitioner in the Qaem hospital of Mashhad University of Medical Sciences between 2007 and 2011, where I passed several clinical courses and clinical training. I also did clinical training for MDs to become Genetic Counsellor between 2010 and 2011 in Iran.

8. Management

Brief summary of management over the last five years (max. 200 words)

Between July 2017 and June 2019, I was a postdoc and group leader at the department of Epidemiology leading a group of 4 PhD and MSc students. In addition, I was involved in scientific planning and generating of omics data in the Rotterdam Study. After two years of intensive sharpening of my scientific profile and managerial skills, I was promoted to Assistant-Professor and formally became the Principal Investigator (PI) of Molecular & Systems Epidemiology group, a new interdisciplinary niche developed by me at Epidemiology department in 2019. Since then, in my role as the PI, I am responsible for the management and integrity of the design, conduct, and reporting of the research projects and for managing, monitoring, and ensuring the integrity of any collaborative relationships in this group. Besides, I am responsible for the direction and oversight of compliance, financial, personnel and other related aspects of the group and for coordination with the department and personnel & salary administration to assure our work is conducted in accordance with the university regulations and policies. Moreover, I am part of the management teams of Epidemiology department (EPI MT) and the Rotterdam Study cohort (ERGO MT) thereby involved in the overall management and directions of the department. I am also co-managing the Laboratorium Epidemiologie (ERGO lab).

Size (fte) and composition of own research group

Scientific personnel 11 (Currently 2 Postdoc researchers, 7 PhD candidates, and 2 MSc students)
Other personnel 5 (secretariat of the group and 4 lab personnel for collecting and storage of the cohort's biological samples)

Supervision

Number of Master students 6 (Currently, 2 MSc students. In past, 4 MSc students finished their research projects under my supervision)
Number of PhD candidates 13 (Currently, 7 PhD candidates. In past, 6 PhD candidates finished their PhD theses under my supervision)
Number of Postdocs 6 (Currently, 2 Postdocs. In past, 4 postdoc were working in the group who have moved somewhere else)

9. Institutional responsibilities

- PI of the Molecular and Systems Epidemiology group at the department of Epidemiology, Erasmus MC
- (Co)coordinating of the omics data in the Rotterdam Study (~18000 participants), Epidemiology Dept., Erasmus MC, June 2019-present
- Coordinating the Erasmus Rucphen Family study (~3,500 participants), Epidemiology Dept., Erasmus MC, June 2019-present
- Co-managing of the Laboratorium Epidemiologie (ERGO lab), Epidemiology Dept., Erasmus MC, June 2019-present
- Several managerial and administrative responsibilities during work in Mashhad University of Medical Sciences, Iran, between 2006-2011

10. Professional societies

Commissions of trust

Editorial board

- Part of the Editorial Board of Applied Genetic Epidemiology (Review Editor) in *Frontiers in Genetic* started Dec 2021
- Guest Editor in *Genes* journal for the Special Issue "Genetics of Cardiovascular Metabolism" started April 2021

Review board

- Reviewer of many scientific journals such as *Psychiatry Research*, *Frontiers in Endocrinology*, *Human Molecular Genetics*, *Nature Scientific Reports*, *Human Mutation*, *Epigenomics*, *European Journal of Epidemiology*, *European Journal of Clinical Investigation*, *International Journal of Neuroscience*, *Genes*, *Bioscience Report*.

Organisation of scientific meetings

- Organization of the *International Congress on Genetics and Genomics, 2022-2023, Dubai, UAE*
- Organization of the *annual Health Science Research Day, Erasmus MC, 2020 (postponed due to COVID19 pandemic)*

Memberships

- 2018-present, Member, *International Genetic Epidemiology Society*
- 2015-present, Member, *European Society of Human Genetics*
- 2014-present, Member, *American Society of Human Genetics*
- 2020-present, Member, *Erasmus Forensic Biomedicine*
- 2006-present, Member, *Medical Council of the Islamic Republic of Iran*

11. Societal quality of own research⁴ (max. three examples)

In the last five years, part of my research has been focused on the role of lifestyle factors in altering risk of age-related diseases by modifying epigenetic regulation of gene expression. I conducted several studies to show how lifestyle factors such as diet, smoking or alcohol consumption influence epigenetic mechanisms like DNA methylation and microRNA expression, which subsequently alter risk of diseases. An example of my own research with societal impact is a large-scale multi-center research that was conducted to examine the effect of coffee and tea consumption on DNA methylation levels of >450,000 CpGs across the genome in over 16,000 participants from 15 population-based studies around the world. This research showed that coffee consumption is associated with differential DNA methylation levels at multiple CpG sites. The study revealed that the coffee-associated CpGs are linked to expression levels of certain genes involved in metabolic diseases, implying that coffee-associated epigenetic alteration could be an underlying mechanism explaining the impact of coffee on liver and cardiovascular health. The findings of this project were published in *Nature Communications* and got a broad media attention and coverage (e.g., *Forbes* magazine, *Food&Wine*, *Health*, *NewScientist*).

Another example of my research with societal impact is my work on identifying new blood biomarkers for early diagnosis and monitoring progression of Alzheimer's disease (AD). This research was conducted to study the association of plasma levels of four proteins (total-tau, NfL, amyloid- β 40 and 42) with incident AD in >5,000 participants of the Rotterdam Study, and the rates of change over time of these proteins during ~14 years follow-up in participants who developed AD compare with their matched healthy controls. The results of this study that demonstrate plasma NfL and amyloid- β 42 levels can be used to assess the risk of developing AD in a non-demented population almost 10 years before AD diagnosis and to monitor disease progression in AD patients, were published in *Brain*, a top journal in the field of Neurology.

12. Honours and awards

- 2020 Outstanding Contribution Tiger, The CHARGE Consortium
- 2018 Early Career Award, The CHARGE Consortium
- 2018 European Foundation for the Study of Diabetes – Albert Renold Fellowship
- 2015 Selected as one of the talented Iranian students in Europe, The Scientific Representative of IRAN in the Schengen Area
- 1998 Selected among the top students in the national University Entrance Exam, Iranian Ministry of Health and Medical Education

13. Side positions

N.A

14. Annex 1 Publications

H-index Web of Science³

H-index (all publications) 30 (120 published articles); 37 in Google Scholar

Average citations per item⁴ 22

Person-years of research⁵ 5 person-years of research since doctorate (July 2017)
July 2017-May 2019: 0.8 fte research, 0.2 teaching and management
June 2019-current: 0.6 fte research, 0.4 teaching and management

Main ISI subject category⁶ GENETICS & HEREDITY (median impact factor 2.5)

Publication list⁷

- # International full articles (any position) 120
- # International full articles (first position) 10
- # International full articles (second from the first/last) 10
- # International full articles (last position) 21
- Ranking of journals >80% of articles in Q1
60/121 (55%) in the top 10%

³ H-index: a scholar with an index of h has published h papers each of which has been cited by others at least h times. Thus, the h-index reflects both the number of publications and the number of citations per publication. Calculate the index on <http://www.erasmusmc.nl/medbib/> quick link 'Web-of-Knowledge': select your publications and click on 'create citation report'. Specify the number of first and last authorships of publications within the h-index. For more information: <https://www.erasmusmc.nl/medbib/Publiceren/>

⁴ Calculate the score on <https://www.erasmusmc.nl/medbib/> quick link Web-of-Knowledge: select your publications and click on 'create citation report'.

⁵ Person-years of research is the time you have been employed to do research since your doctorate minus the time you needed for care responsibilities, including parental, maternity and care leave. The person-years of research do not include the time you were appointed to perform management tasks, patient care or teaching.

⁶ <http://www.erasmusmc.nl/medbib/>

⁷ Include only manuscripts which have been accepted for publication. Indicate per publication: the ranking of the journal in the research field (quartile and top10%). If a journal fits into more than one research field, indicate only the highest quartile. Mark your own authorship per publication a. For more information: <https://www.erasmusmc.nl/medbib/Publiceren/>

Five most influential publications, including number of citations

1. de Wolf F*, **Ghanbari M***, Licher S, McRae-McKee K, Gras L, Weverling G, Wermeling P, Sedaghat S, Ikram M.K, Waziry R, Koudstaal W, Klap J, Kostense S, Hofman A, Anderson R, Goudsmit J, Ikram M.A (2020). *Plasma total-tau, NfL and amyloid-β levels measured over time and risk of dementia; a population-based cohort study*. Brain. 1;143(4):1220-1232. (IF=15.25, Q1 & top 10% in Clinical Neurology). Citations: in Web of Science >100, in Google scholar >130. *Shared first author.
2. Mens MMJ, **Ghanbari M**. *Cell Cycle Regulation of Stem Cells by MicroRNAs* (2018). *Stem Cell Review*, 14(3):309-32. (IF=6.692, Q1 in Medicine, Research &, Experimental). Citations: in Web of Science 92, in Google scholar 146.
3. Karabegović I, Portilla-Fernandez E, Li Y, Ma J, Maas SCE, Sun D, Hu EA, Kühnel B, Zhang Y, Ambatipudi S, Fiorito G, Huang J, Castillo-Fernandez JE, Wiggins KL, de Klein N, Gironi S, Swenson BR, Polidoro S, Treur JL, Cuenin C, Tsai PC, Costeira R, Chajes V, Braun K, Verweij N, Kretschmer A, Franke L, van Meurs JBJ, Uitterlinden AG, de Knecht RJ, Ikram MA, Dehghan A, Peters A, Schöttker B, Gharib SA, Sotoodehnia N, Bell JT, Elliott P, Vineis P, Relton C, Herceg Z, Brenner H, Waldenberger M, Rebholz CM, Voortman T, Pan Q, Fornage M, Levy D, Kayser M, **Ghanbari M** (2021). *Epigenome-wide association meta-analysis of DNA methylation with coffee and tea consumption*. Nature Communications. 14;12(1):2830. (IF=17.694, Q1 & top 10% in Multidisciplinary Sciences). Citations: in Web of Science 7, in Google scholar 13.
4. **Ghanbari M**, Franco OH, de Looper HW, Hofman A, Erkeland SJ, Dehghan A (2015). *Genetic variations in miRNA binding sites affect miRNA-mediated regulation of several genes associated with cardiometabolic phenotypes*. *Circulation Cardiovascular Genetics*, 8(3):473-86. (IF=4.534, Q2 in Genetics & Heredity). Citations: in Web of Science 49, in Google scholar 56.
5. **Ghanbari M**, de Vries PS, de Looper H, Peters MJ, Schurmann C, Yaghootkar H, Dörr M, Frayling TM, Uitterlinden AG, Hofman A, van Meurs JB, Erkeland SJ, Franco OH, Dehghan A (2014). *A genetic variant in the seed region of miR-4513 shows pleiotropic effects on lipid and glucose homeostasis, blood pressure, and coronary artery disease*. *Human Mutation*, 35(12):1524-31. (IF=4.7, Q1 in Genetics & Heredity). Citations: in Web of Science 35, in Google scholar 49.

National (refereed) full articles -

Books 2

Contribution to books (e.g. chapters or editorships) 1

Other (proceedings, conference reports, abstracts, etc.) >20 conference abstracts (including >10 first author)

15. Annex 2 Invited plenary lectures (meeting, dates)

- 1- International Congress on Genetics and Genomics, 9-11 October 2023 Dubai, UAE
- 2- The CHARGE webinar, April 2021, Virtual meeting with >100 international attendees
- 3- The CHARGE Meeting, April 2018, Rotterdam meeting with >100 international attendees
- 4- International Symposium on Biomedicine and Biomaterial, >150 attendees, August 28-30, 2019 Lanzhou, China
- 5- Third International and Fifteenth Iranian Genetics Congress, >300 attendees, May 13-15, 2018 Tehran, IRAN

16. Annex 3 Overview of educational lectures or an IRIS out-print, if available (optional, may also be listed in section 4 and provided in Dutch.) N.A

17. Annex 4 List of publications

List of 120 international full articles published online, including impact factor (IF) and ranking (Q1) in the field in year 2022:

1. Kanoni et al. *Implicating genes, pleiotropy, and sexual dimorphism at blood lipid loci through multi-ancestry meta-analysis.* Genome Biol 2022 Dec 27;23(1):268.
2. Xiong Z, Gao X, Chen Y, Feng Z, Pan S, Lu H, Uitterlinden AG, Nijsten T, Ikram A, Rivadeneira F, **Ghanbari M**, Wang Y, Kayser M, Liu F. *Combining genome-wide association studies highlight novel loci involved in human facial variation.* Nat Commun. 2022 Dec 20;13(1):7832.
3. Ayada I, van Kleef LA, Zhang H, Liu K, Li P, Abozaid YJ, Lavrijsen M, Janssen HLA, van der Laan LJW, **Ghanbari M**, Peppelenbosch MP, Zheng MH, de Knegt RJ, Pan Q. *Dissecting the multifaceted impact of statin use on fatty liver disease: a multidimensional study.* EBioMedicine 2023 Jan;87:104392.
4. Zhu F, Wolters FJ, Yaqub A, Leening MJG, **Ghanbari M**, Boersma E, Ikram MA, Kavousi M. *Plasma Amyloid- β in Relation to Cardiac Function and Risk of Heart Failure in General Population.* JACC Heart Fail 2023 Jan;11(1):93-102.
5. Dehghan A, Pinto RC, Karaman I, Huang J, Durainayagam BR, **Ghanbari M**, Nazeer A, Zhong Q, Liggi S, Whitley L, Mustafa R, Kivipelto M, Solomon A, Ngandu T, Kanekiyo T, Aikawa T, Radulescu CI, Barnes SJ, Graça G, Chekmeneva E, Camuzeaux S, Lewis MR, Kaluarachchi MR, Ikram MA, Holmes E, Tzoulaki I, Matthews PM, Griffin JL, Elliott P. *Metabolome-wide association study on ABCA7 indicates a role of ceramide metabolism in Alzheimer's disease.* Proc Natl Acad Sci USA 2022 Oct 25;119(43):e2206083119.
6. Abozaid YJ, Zhang X, Mens MMJ, Ahmadizar F, Limpens M, Ikram MA, Rivadeneira F, Voortman T, Kavousi M, **Ghanbari M**. *Plasma circulating microRNAs associated with obesity, body fat distribution, and fat mass: the Rotterdam Study.* Int J Obes (Lond). 2022 Dec;46(12):2137-2144.
7. Ralf A, Montiel González D, Zandstra D, van Wersch B, Kousouri N, de Knijff P, Adnan A, Claerhout S, **Ghanbari M**, Larmuseau MHD, Kayser M. *Large-scale pedigree analysis highlights rapidly mutating Y-chromosomal short tandem repeats for differentiating patrilineal relatives and predicting their degrees of consanguinity.* Hum Gene 2023 Jan;142(1):145-160.
8. Mishra et al. *Stroke genetics informs drug discovery and risk prediction across ancestries.* Nature. 2022 Nov;611(7934):115-123.
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119. Ahmadnia H, **Ghanbari M**, Moradi MR, Khaje-Dalouee M. *Effect of cigarette smoke on spermatogenesis in rats*. *Urol J*. 2007 Summer;4(3):159-63. PMID: 17987579. (IF=1.555, rank 82/112 (Q4) in Urology)
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Books and book chapters

1. **Mohsen Ghanbari**. PhD thesis. *The Role of MicroRNAs in Age-Related Disorders: From population-based genetic studies to experimental validation*. 295 pages. Publisher Optima Grafische Communicatie, fall 2017. [ISBN: 978-94-92863-49-6]
2. **Mohsen Ghanbari**, Hossein Fattahi Massoum, Mohammad Taghi Rajabi. *A glance of different view point about Euthanasia*. 170 pages. Publisher Mashhad University of Medical Sciences (MUMS), fall 2007. [ISBN:964-5627-99-0]
3. Jana Nano, Eliana Portilla Fernandez, Jenna Troup, **Mohsen Ghanbari**, Oscar H. Franco, Taulant Muka. *Epigenetics in Human Disease*. Chapter 16: *Epigenetics of Diabetes in Humans*. Publisher ELSEVIER 2018.

International Conferences and Meetings (10 selected as first author presenter):

1. International Symposium on Biomedicine and Biomaterial 2019, Lanzhou, China (Oral presentation)
2. Third International and Fifteenth Iranian Genetics Congress 2019, Tehran, IRAN (Oral presentation)
3. The CHARGE Annual Meeting 2018, Rotterdam, the Netherlands (Oral presentation)
4. European Society of Human Genetics Annual Meeting 2017, Copenhagen, Denmark (Poster presentation)
5. European Society of Human Genetics Annual Meeting 2016, Barcelona, Spain (Poster presentation)
6. Mutation in the Genome Conference 2015, Leiden, the Netherlands (Oral presentation)
7. American Society of Human Genetics Annual Meeting 2015, Baltimore, USA (Poster presentation)
8. International Society of Genetic Epidemiology Meeting 2015, Baltimore, USA (Poster presentation)
9. European Society of Human Genetics Annual Meeting 2014, Millan, Italy (Poster presentation)
10. European microRNA Meeting 2013, Cambridge, UK (Poster presentation)